



Office of the Superintendent
Cindy Marten
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August 15, 2016

Parents & Staff,

In the spring of 2015, the Board of Education took another step towards fulfilling our vision of having a quality school in every neighborhood by approving the revision of policy H-7700 Student Wellness. San Diego Unified is committed to providing an environment where students can learn to make healthy choices for lifelong health. We acknowledge the strong relationship between students' health and learning, and that the district's mission cannot be accomplished without explicitly planning for and supporting student health and wellness. The Board of Education realizes that wellness must also be a priority.

The Framework for Wellness is the result of many dedicated hours of work by the District's Coordinated School Health Council, which is made up of staff, students, parents, teachers, administrators, governmental agencies, and community-based organizations. The policy and framework are posted on the district's wellness website at:

<https://www.sandiegounified.org/health-and-wellness>

If you would like to participate in promoting wellness at your school site, then please contact your school nurse and/or site administrator to notify them of your interest in joining your school's wellness council. You may also contact Michelle Bell, Program Manager of the Nursing & Wellness/SANDAPP Department at mbell@sandi.net or by phone at 619-725-5501. It's the goal of the District Coordinated School Health Council that all staff and parents will familiarize themselves with these two documents. It is the hope of the Board of Education, District Coordinated School Health Council and the Office of the Superintendent that the revised policy and framework will be a helpful tool for all parents and staff.

Sincerely,

A handwritten signature in blue ink that reads "Cindy Marten".

Cindy Marten
Superintendent